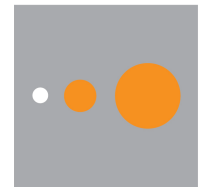


JOHN WHITTINGTON



Sandler Lanz

Specialists in
executive coaching

John began his career in the events and corporate communications industry. He became director of creative production at Europe's foremost brand marketing company, Imagination, leading international client projects across the world for companies that included Ford of Europe, BT, British Airways and Holiday Inn Worldwide. In 1993 John decided to apply his entrepreneurial skills to launching his own business, building a thriving practice with top-tier clients in the UK and US. As owner-manager, he gained invaluable experience in leadership, team-building and the challenges facing rapidly-growing businesses.

In 2000 John's longstanding interests in organisational health and individual psychology led him to sell his business and embark on a mid-life career transition. After undertaking training in a portfolio of psychometric, developmental and systemic coaching models, John became a leadership coach for owner-managers and high potential individuals in the design and creative sector, supporting them on their personal, professional and organisational journeys. This is an area in which he still specialises.

Alongside this, John has developed a reputation as an outstanding executive coach. He works with a wide range of clients at senior levels, including Board directors, and across multiple sectors including retail, FMCG, pharmaceuticals and professional services. He is also an Associate of the London Business School, regularly coaching individuals and groups on the school's global Executive MBA programmes.

John combines his business experience with the ability to identify core psychological and systemic issues and has a reputation for bringing tremendous clarity to his coaching clients. He uses the Myers-Briggs Type Indicator (MBTI[®]) (he is an accredited practitioner), 360 degree feedback and other developmental tools to help clients make rapid strides in their self-awareness and insight into others. He then works to help them generate powerful solutions to their business and leadership challenges, while ensuring that their personal preferences, values and motivations are genuinely aligned with their professional role.

Recent client coaching assignments have included working with a new Board Director to accelerate her impact at a time of rapid organisational change, and helping a senior executive to address development areas which posed a threat to his succession to the role of CEO of his company.

A recent client described the impact of working with John: *"This has been a significant journey for me – personally and professionally. The few months of working with you have changed my understanding of myself beyond what I thought possible and made a tangible difference to my capacity to lead with a much greater degree of emotional intelligence and impact."*